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TOWER CLIMBER & RESCUE (Refresher)



Aims & Objectives: This is a refresher course for those who have completed a climbing course and gained experience in the last 12 months and wishing to revalidate their certificate. Its purpose is to evaluate the knowledge & understanding of individuals on safe working practices for working on radio towers / structures and conduct the rescue of incapacitated or injured climber(s) as outlined by the MATS Group scheme rules.

By the end of training delegates will be able to continue working within the Working at Heights Regulations, Industry Standards & rescue a stranded colleague from height

Course requirements: Delegates must be able to speak English and **must** have obtained their MATS Tower Climb and Rescue Initial Course (3 day) or MATS Advanced Climber course. They must be physically fit / able to work at height and free from any medical condition that could prevent them from climbing. They will be required to complete a medical declaration.

Equipment Required: Delegates will need to bring suitable clothing for seasonal weather conditions. They should use their own climbing equipment with a valid inspection record. Climbing PPE can be provided upon request. Safety boots & gloves are required for the practical elements of the course.

Course content: The course covers both theory and practical elements including;

- Relevant Health and Safety Legislation
- Emergency procedures & Rescue plans
- Suspension Syncope
- Casualty care
- Selection and use of rescue equipment
- Selection and establishing anchor points
- Practical rescue scenarios (a test scenario will be completed)



Assessment Criteria: The course will involve elements of both classroom and practical training. Delegates will be continually assessed throughout the practical sessions for; safety, competence and aptitude and then supported by a multiple choice questionnaire to ensure theoretical understanding.

Duration of course: 1 day

Certification: Certification valid for 1 year. A renewal reminder will be issued 1 month prior to your certificate expiry date. Delegates will need to renew with Energy & Utility Skills (EUSR) to remain on a national register & obtain a competence card. **Additional fee will apply.**