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TOWER CLIMBER & RESCUE (Initial)



Overview: This course meets the MATS specification and is designed to give delegates who are looking at entering the industry the knowledge & understanding on safe working practices for working on radio towers / structures and conduct the rescue of incapacitated or injured climber(s).

Course requirements: Delegates must be over 18 and speak English. They must be physically fit / able to work at height and free from any medical condition that could prevent them from climbing. They will be required to complete a medical declaration.

Equipment Required: Delegates will need to bring suitable clothing for seasonal weather conditions. Climbing PPE will be provided upon request. Delegates may use their own climbing equipment but must provide a valid inspection record. Safety boots & gloves are required for the practical elements of the course.

Course content: The course covers both theory and practical elements including;

- Relevant Health and Safety Legislation
- Selection and inspection of restraint/fall arrest equipment
- Hazards associated with climbing on towers
- Emergency procedures & Rescue plans
- Harness fitting and adjustments
- Practical use of restraint and fall arrest systems
- Open structure climbing
- Construction and use of temporary fall arrest systems
- Suspension Syncope
- Casualty care
- Selection and use of rescue equipment
- Selection and establishing anchor points
- Practical rescue scenarios (a test scenario will be completed)



Assessment Criteria: The course will involve elements of both classroom and practical training. Delegates will be continually assessed throughout the practical sessions for; safety, competence and aptitude and then supported by a multiple choice questionnaire to ensure theoretical understanding on the final day.

Duration of course: 3 days

Certification: Certification valid for 1 year. A Tower Climber & Rescue (Renewal) course will need to be carried out every 12 months thereafter. Delegates will be expected to register with Energy & Utility Skills (EUSR) to be placed on a national register & obtain a competence card. **Additional fee will apply.**