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Safe Use of Ladders and Steps

Ladders are often used in the workplace without training in their use or inspections and with total disregard to guidance from the Health and Safety Executive. This basic ladder course is designed to equip the operators of the ladders with the information required to conduct a pre use inspection and to recognise and eliminate the dangers of incorrect ladder usage.

Who should attend? All personnel who may use ladders &/or steps whilst carrying out their work and persons issuing ladders.

Prior knowledge An awareness of Health & Safety issues would be an advantage but not essential.

Course content

- Regulations relating to working on ladders and at heights.
- Standards & types
- Selection of Steps and ladders.
- Pre use checks and inspections
- Using steps & ladders (practical)
- Footing & securing
- Methods of carrying and transportation.
- Storage & care
- Specialist ladders overview
- Multiple choice question paper

Duration of course ½ Day

Materials Course Handout

Intended Outcomes: Delegates who successfully complete the course will receive a certificate of training.