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Rigging & Light Lifting of Loads (Experienced)

The Rigging & Light Lifting of Loads course is designed to give delegates the knowledge and practical experience for the planning, preparing and executing lifting operations.

Who should attend? The course is aimed at personnel who are required to use lifting equipment to haul

items up to positions on structures i.e. telecom riggers, theatre stage riggers, steel

erectors etc.

Prior Knowledge Our 1 day course is suitable for experienced climbers who have at least 1 years

climbing experience (supported by relevant certification) along with a working

knowledge & experience in lifting & rigging techniques / practices

Course content

- Legislation and responsibilities
- Inspection & record keeping
- Ropes & knots for lifting operation
- Storage and care of equipment
- Planning of lifting operations
- Estimating of weights to be lifted
- SWL & WLL calculations
- Pulley theory
- Manual & powered lifting
- Rigging & removal of dishes & antennas
- Braking Systems
- Tool tethering
- Meets the requirements set by MBNL

Duration of Course: 1 Day (Emphasis will, at all times, be on practical work under close supervision of the instructor)