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FIXED LADDER RESCUE

The Fixed Ladder Rescue course is designed to give those delegates who have already completed the Roof Top Access (Worker) course with the knowledge and practical skills to enable them to safely carry out a rescue of a suspended climber / worker

Who should attend? Individuals who are required to climb fixed ladders using the double lanyard method for survey or inspection purposes.

Medical requirements: All delegates must be physically fit without contra-indications for working at height.

Course requirements: Delegates must arrive with their own full body harnesses with associated equipment. Evidence of recent inspection must be available for inspection.

Note: Equipment is available for training purposes if required.

Course content:

- Relevant Health and Safety Legislation
- Hazards and associated risks during rescue
- Rescue plans
- The dangers of prolonged suspension in a harness (Suspension Syncope)
- Casualty care – recovery position
- Selection and use of rescue equipment
- Selection and establishing anchor points
- Lowering of casualty (Descent Rescue)
- Confirmatory question and answer session

Course duration: ½ Day

Course material: Comprehensive course manual will be issued to each delegate

Intended outcome: All delegates who complete the course will receive a certificate of training valid for 1 year.