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Level 3 Award in Emergency First Aid at Work (RQF) (Incorporating at Heights)

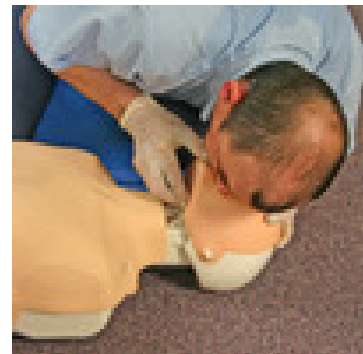
The Health and Safety (First Aid) regulations 1981 states that employers have a duty to provide adequate and appropriate first aid provision for their workforce. Where field personnel are working in small groups, at least 1 person in that group should be first aid trained.

This course offers a basic but essential introduction to life-saving first aid and managing injuries sustained from working at heights. First aid training is essential for all but especially those working in remote sites or away from the main office of business.

As with all our first aid courses, we encourage participants to get hands-on practice in perfecting the skills that could save lives in an emergency situation.

During the day, participants will cover the following subjects:

- Aims and objectives of first aid
- Managing an incident
- Dealing with blood loss and shock
- Performing cardio-pulmonary resuscitation (CPR)
- Dealing with an unconscious casualty
- Use of Automated External Defibrillator (AED)
- Avoiding cross infection
- Choking & Seizures
- Severe Bleeding
- Minor burns and scalds
- Recording and reporting
- First aid kits and contents
- RF Burns
- Suspension Trauma



Delegates will be required to complete an end of course test to demonstrate knowledge gained as well as completing 4 practical assessments to assess ability and confidence when dealing with a casualty.

Duration: 1 Day

Intended outcome: At the end of the course, successful participants will be trained to Emergency First Aid at Work standard and issued with a certificate accredited by Quasafe Awards which is an Ofqual recognised Awarding Organisation. A Separate Sage Safety & Training Certificate will be issued to cover the 'at heights' element of the course. Both certificates are valid for three years.