

## Rooftop Worker – Safety & Access



Developed in collaboration with the Telecommunications industry “Mast and Tower Safety Group”, the scheme recognises the underpinning knowledge and skills required to climb fixed ladders, access flat roof tops, use personal fall protection equipment, work safely whilst on the roof top as well as rescue considerations.

This scheme covers the minimum training and assessment required for those individuals whose roles require them to work safely on flat roof tops and incorporates the relevant requirements of HSE legislation. This scheme is designed and available for use by all industries.

It is delivered in one day where both knowledge and practical elements are assessed and consists of the following units:

**Who should attend?** Personnel required to use equipment provided for safety whilst working on rooftops and unprotected areas.

**Prior knowledge** None.

### Course content

- Understanding legislation and safety standards
- Managing common hazards
- Assessing risk
- Using harnesses
- Using fall arrest lanyards
- Using fixed fall arrest and restraint systems
- Using work positioning lanyards or similar equipment
- Selecting appropriate anchor points
- Setting up and using temporary work restraint systems
- Working with edge protection systems
- Using additional fall protection equipment
- Consideration of emergencies and rescue arrangements
- Suspension syncope awareness
- Lifting and lowering kit
- Demonstrating climbing techniques on fixed ladders

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**Duration of course** 1 day

**Intended outcomes:** Delegates who successfully complete the course will be registered onto the EUSR register and will be valid for 3 years.

**Important:** While RF is discussed briefly on this course, delegates will still need to attend the Radio Frequency (RF) Safety Awareness course to gain access to Arqiva sites.