

Sage Safety and Training Ltd

Suite 10, Ground Floor,
5 Hercules Way
Leavesden Park, Watford
Herts. WD25 7GS

2c Brunel Close
Drayton Fields
Daventry
Northants. NN11 8RB



T: 01923 634177

F: 0845 459 2046

E: training@sage-safetyandtraining.co.uk W: www.sage-safetyandtraining.co.uk

Radio Frequency - Safety Awareness



arqiva
Approved Course

The aim of the course is to provide those individuals who have a requirement to access & conduct work activities near sources of Radio Frequency to identify & understand the risks from such devices including broadcast and mobile phone transmitters.

Who should Attend? Those individuals working on or near buildings, structures, towers & masts where radio signals are being transmitted.

Prior Knowledge: An awareness of Health & Safety issues would be an advantage but not essential.

Course Content:

- Electromagnetic Spectrum
- Effects of Non Ionising Radiation on the Body
- Exposure Standards
- Antenna Recognition
- Personal Protection
- Use of personal RF monitor equipment
- Signs & Symptoms of RF Exposure
- Susceptible organs and First aid

Duration of course ½ Day

Course Materials: Comprehensive course manuals issued to each delegate

Intended outcomes: Delegates who successfully complete the course will receive a certificate of training & ID card valid for 3 years.