

Sage Safety and Training Ltd

16 Dowding Way
Leavesden
Watford
Herts. WD25 7GA
T: 0845 459 2048
F: 0845 459 2046
E: training@sage-safetyandtraining.co.uk

2c Brunel Close
Drayton Fields
Daventry
Northants. NN11 8RB
W: www.sage-safetyandtraining.co.uk



ROPE ACCESS to BS7985

Overview: This course is designed for those who need to access previously inaccessible work areas; where access methods are limited and the use of ropes could form a viable option. The course is developed around BS7985 2002, the British Standard for Industrial Rope Access and aims to give the candidate skills in the descent and ascent of ropes in order to reach their work place, coupled with the ability to rescue themselves, and their work colleagues should the need arise.

Who should attend: Those who have current access issues, and can see the use of ropes as a viable option, along with those employers who wish to broaden the options available to them with regard access methods. It is recommended that employers send at least two persons per work team as rope access technicians should always work in pairs allowing rescue should one become injured.



Course requirements: Candidates must be physically fit and free from any medical condition that could prevent them from climbing. No previous experience in tower/industrial climbing is required. Candidates may use their own Rope Access equipment providing written evidence is produced to confirm in date inspection (If no proof of inspection produced the SAGE instructor will determine as to whether equipment can be used - SAGE equipment is available). Protective footwear & gloves are required for the practical elements of the course.

Course content: The course consists of both theory and practical elements including the following;

- Relevant Health and Safety Legislation
- Hazards and associated risks
- Selection, use and inspection of rope access equipment
- Selection and establishing of anchor points
- The use of ropes for ascent and descent
- Rope transfers
- Snatch rescues
- Post rescue considerations
- Test circuit (to confirm final standard reached)
- Question and answer session

Duration of course: 3 days for the novice. For experienced tower climbers or previously trained rope access technicians, the course can be run over a 2 day period.

Course outcome: Successful candidates will be issued a certificate and ID card covering their training, valid for 3 years.