

Roof Top Access

As well as combining the Roof Top Safety and Safe Use of Ladders and Steps, this course will consider various methods of work restraint and fall arrest in order to protect workers when required to work in exposed areas. The delegates will learn the difference between work restraint and fall arrest techniques and therefore coming up with practical solutions to access problems on unprotected rooftops.

Who should attend? Personnel required to use equipment provided for safety whilst working on rooftops and unprotected areas.

Prior knowledge None required

Course content

- Health & Safety at Work Legislation & Regulations
- Legislation affecting work on rooftops
- Working At Height Regulations
- Activities and accident causation
- Common hazards associated with rooftop activities.
- Risk Assessment and control measures
- Access and egress using ladders (fixed and portable)
- Planning & preparation
- Identifying types of fall arrest and restraint equipment
- Selecting fall arrest and restraint equipment
- Correct fitting of harnesses
- Pre-use inspections
- Shock-absorbing lanyards and fall arrest blocks
- Anchor points and connectors
- Latchway and other fixed systems
- Temporary systems
- Practical
- Multiple choice test paper

Duration of course 2 days

Course Materials Comprehensive course manual issued to each delegate

Intended outcomes: Delegates who successfully complete the course will receive a certificate of training & ID card valid for 3 years.



