

Sage Safety and Training Ltd

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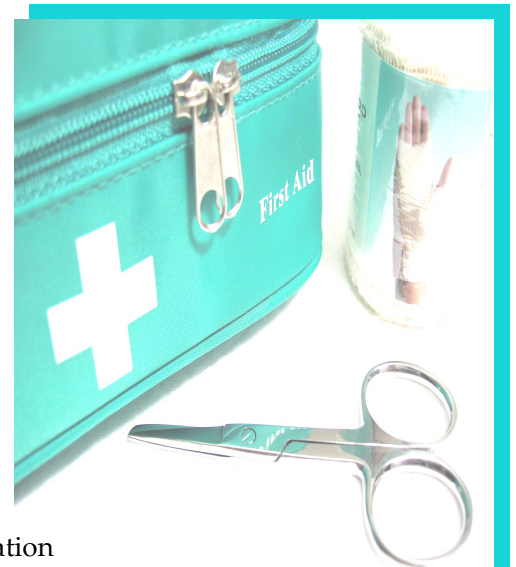
First Aid at Work

The Health and Safety (First Aid) Regulations 1981 require that employers provide adequate and sufficient first aid provisions in the workplace. As Sage safety and Training is approved by the HSE we can deliver the first aid at work course.

Who should attend? Any employee who will take on the role of first aider within their organisation or have a general interest in gaining the qualification.

Course content

- Legal requirements.
- Accident reporting & RIDDOR
- Performing cardio-pulmonary Resuscitation (CPR)
- Caring for an unconscious casualty (including seizures)
- Dealing with blood loss & shock
- Burns & Scalds
- Bone Injuries
- Disorders of the airway
- Poisoning
- Miscellaneous conditions
- Record keeping and documentation
- Recognition and treatment of major Medical conditions including administration of aspirin and epinephrine
- Exam & Independent Assessment



Duration 3 Days

Course Materials First aid at work handbook.

Intended outcome All delegates who successfully pass the end of course examination and practical examination will receive a HSE recognised certificate. The HSE First Aid at Work certificate will be valid for three years and should be renewed by attending a two-day Refresher course before the expiry date of the certificate.