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ADVANCED TOWER CLIMBER

Overview: This course is designed to give the person the skills to climb open steelwork in order to access more exposed areas of a tower, in combination with the ability to work safely outside the confines of a safe working platform.

Who should attend: Those who are required to climb open steelwork as well as those who work outside the relative safety of a working platform. The course would also suit those who wish to extend their knowledge base and practical skills above and beyond those of a Restricted Climber.



Course requirements: Candidates must be physically fit (a 12m open structure climb forms part of the course), and free from any medical condition that could prevent them from climbing. Candidates may use their own Fall Arrest equipment providing written evidence is produced to confirm in date inspection (If no proof of inspection produced SAGE instructor will determine as to whether equipment can be used - SAGE equipment is available). Protective footwear & gloves are required for the practical elements of the course.

Course content: The course covers both theory and practical elements including;

- Relevant Health and Safety Legislation
- Selection and inspection of restraint/fall arrest equipment
- Hazards associated with climbing on towers
- Emergency procedures
- Harness fitting and adjustments
- Practical assessment of hazards and associated risks
- Practical use of restraint and fall arrest systems
- Practical use of work positioning
- Open structure climbing (up to 10m)
- Construction and use of temporary fall arrest systems
- Simple lifting techniques
- Demonstration of emergency procedures
- Climbing assessment
- Confirmatory question and answer session

Duration of course: 2 day course for novice climbers. A 1 day course can be run as a progression for those qualified(in date) as Restricted Climber.

Course outcome: Successful candidates will be issued with a certificate and ID card covering their training, valid for a period of 3 years.