Sage Safety and Training Ltd

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Roof Top & RF Safety Awareness

This course combines both the Roof Top & RF Safety Awareness courses into a full day of training. The course will promote a good understanding of Rooftop & RF safety issues and enable delegates to recognise the main hazards & precautions needed to be taken.

Who should attend?	Those required to work at height on exposed flat roof areas & towers especially telecommunications engineers and building maintenance workers.
Prior knowledge	An awareness of Health & Safety issues would be an advantage but not essential.
Course content	 Legislation Activities and accident causation Common hazards associated with rooftop activities. Risk Assessment and control measures Access and egress using ladders (fixed and portable) – Non Practical Planning & preparation Electromagnetic Spectrum Effects of Non Ionising Radiation on the Body Exposure Standards Antenna Recognition Personal Protection Use of personal RF monitor equipment Signs & Symptoms of RF Exposure Susceptible organs and First aid Test (pass mark 80%)
Course duration	1 day
Intended outcomes:	Delegates who successfully complete the course will receive a certificate of training & ID card valid for 3 years.

Important Note: Access to Arqiva Sites:

Completion of the Roof Top Safety Course alone will not be sufficient to be accepted onto the Arqiva Gateway System (if required) and therefore onto Arqiva sites. Delegates should complete the ½ day Restraint Course in addition to this or attend the 1 day Roof Top Access (Worker) Course. Please visit our website for details.